

Children's Homes Training and Consultancy



CHILDREN'S HOMES QUALITY



Children's Homes Training and Consultancy

Supporting children's homes to provide outstanding care.

Training

CHQ's training is designed to help you improve children's lives and promote your ongoing development. All courses are supported by a sound knowledge of Children's Homes Regulations and Guidance and are attachment and trauma informed.

Our training is:

- specifically for children's homes
- rooted in the reality of children's homes work
- delivered by trainers with experience in the sector
- inclusive of care and lived experienced voices
- In-person, interactive and high quality
- responsive to your needs.

We provide 8 types of training courses:

1. **Leaders' Open Sessions** delivered live on Zoom and lasting 3 hours. They are designed to be interactive and engaging for the participants. We offer each training session at least once per 'term', and tickets can be booked through Eventbrite. They are aimed at Responsible Individuals (RIs) and owners, Registered Managers (RMs) and their Deputies, and seniors.
2. The above can be **adapted for your staff** or delivered to groups of leaders on request. It can be delivered virtually or face-to-face as half-day sessions.
3. **RM training days** are usually held face-to-face for a whole day in central London and the Northwest.
4. **RI virtual training session** held on Zoom
5. **RI and RM networks**, which meet quarterly on Zoom
6. **Registered Manager's Monthly Meetups**: A FREE 60-minute virtual event facilitated by Children's Homes Quality - is the perfect space for Registered Managers to connect, share knowledge, and recharge!
7. **Developmental whole team training**, delivered to face to face over 1 or 2 days, on request
8. **Tailored Support**: We are also proud to be able to respond quickly to your needs and tailor-make a training package to support you with business-critical knowledge and skill development.

To book tickets for open sessions, visit: <https://www.eventbrite.co.uk/o/childrens-homes-quality-20086771994#collections> or <https://childrenshomesquality.com/training-2/>

For any enquiries about training, please email training@childrenshomesquality.com

Leaders' Open Sessions

Black Children Matter

Valerie Tulloch provides a non-judgemental learning space, where participants from all backgrounds feel safe to ask any questions share issues and will leave empowered to engage with race and culture actively and confidently in their homes. The objective is to maximise black children's chances of achieving great results from living with you.

'Well-informed presenters who shared their knowledge and expertise in a manner that allowed for questions, comments and sharing of experiences freely' 'Feel everyone in the company I work in should have the training as a compulsory unit as it's as important than many others'

Safer Recruitment

This session is aimed at managers and staff within organisations who are responsible for recruiting staff to work with children and young people. Safer recruitment is a set of practices to help make sure your staff and volunteers are suitable to work with children and young people. It's a vital part of creating a safe and positive environment and committing to keep children safe from harm.

Let's Talk Words - a care-experienced perspective on the language we use

Mary-Anne's inspiring and informative session. This is a deep insight into the world of language that surrounds children 'in care', through a child's eyes, and offers a wealth of tips and tricks to support you to use language more mindfully to support healing and avoid discrimination.

'This was a unique opportunity to hear a very personal and moving account of the trainer's care experience. It was informative, moving, and emotional at times.'

Lovin Care for Adults in Children's Homes

For homes where leaders have attended Lovin' Care for Leaders training, and they want support for their adults (staff) to embed the approach. This training offers a safe space for adults to reflect on their responses to being encouraged to love the children in their care, understand clearly why children need this approach, and explore some practical ways of helping children in their homes to safely feel loved. Overwhelmingly, adults find this training inspiring and motivating, and it is a catalyst for them to bring their full and best selves to their work at home.

'Enjoy and embrace it; it's been a fantastic learning experience'

'I say go for it- it will open your eyes to make you realise the smallest things matter' '

The training was incredible, it was in-depth but not boring! There were lots of activities which were nice.

The trainer created a really lovely environment for training. I feel as though I have learnt loads and cannot wait to continue to learn and used what I have learnt'

Missing from care – best practice training for leaders of children's homes

One in every ten looked after children will go missing compared to an estimated one in every two hundred children generally. This disproportionately high number places a responsibility on children's homes to

understand the key factors contributing to children in care going missing, and to respond with the best possible practice.

In this workshop we aim for children's homes leaders to gain the knowledge and skills required to reduce the risk of young people going missing from care in the first place, and to be confident in how to respond safely and appropriately when they do. We look at the role of the children's home before, during and after a missing episode and ensure that approaches consider both local and national guidance.

Opening up a Children's Home – Information Session

To help you understand the Ofsted registration process including the forms, Fit Person's Interviews, registration visit and the evidence you will need at each stage. Also learn about common pitfalls and how they can be avoided and identify your strengths and suitability and positively promote them throughout the registration process

This session is led by an ex-Ofsted inspector with several years of experience registering and inspecting children's homes with Ofsted and Valerie Tulloch, who has an extensive background in supporting providers of children's homes and delivers regular training to Responsible Individuals and registered managers.

The Q and A session is for you to ask any questions you have about the registration process and your specific circumstances. Feel free to send any questions in advance

Putting the Quality Standards into Practice

How as a manager do you get to grips with what the Children's Homes Quality Standards mean in practice? How do you convert those pages and pages of governmental guidance into daily real life? Most importantly, how do you know whether what you do every day, is making a positive difference to the children you care for?

Sometimes we need to take a step back and look at the bigger picture. We show leaders in homes the way forward through our interactive, practical and reflective training on putting the Quality Standards into Practice.

***'It was a really informative and helpful session.'* 'I really enjoyed the training and its content. The trainer had passion for what she does'.**

Reflective Supervision Skills for Supervisors

For any children's home supervisor who wants to supercharge your supervision sessions, avoid the tick box exercise, maximise the time you have, and develop your staff to be able to bring their very best to the job.

"Really informative Especially impressed with the delivery through virtual video session". "The tutor was excellent. I really loved her approach to learning and intuition for the whole care sector. She really knows this inside out and it shows. Excellent slides and info."

Reflective Practice and Supervision for Staff

Time to explore what it means to be a reflective practitioner and why reflection helps us to do our work well. It is also an opportunity to explore and understand the different ways of reflecting and your own personal style. Rooted in work in children's homes, staff will have the opportunity to practice reflection. For example, they will be supported to think fairly and non-judgementally about their personal impact on children in their care, what works well and where and how they could improve. Staff will also understand what to expect from a reflective supervisor or line manager, how to make best use of reflective supervision, and how to contribute to a reflective culture in the home.

Staff Retention through Restorative Practice

Working therapeutically in a Children's Home can be joyous and rewarding. It is also very hard work. Your team members are your most valuable resource, and keeping them at work and working well is vital. There are times when children and their carers get hurt, physically and emotionally. What can help when this happens? Restorative Practice can. It helps all involved feel heard and promotes healing. It can help an awful experience lead on to growth and understanding. It can be used daily for small issues and when there is serious damage to relationships. It can prevent people from leaving their job. Your trainer Clair Davies MBE, who has thirty years' experience working in Children's Homes to find out what it is and why Restorative Practice is so helpful and successful.

Reviewing the Quality of Care (Reg 45)

This popular and successful workshop will help managers take an in-depth look at the regulatory expectations around this requirement. This will include exploring practical approaches to completing meaningful and impactful Reg 45 reports, giving a comprehensive overview and lots of opportunities for discussion. This is training to build your continuous professional development.

'Really helpful and informative'. 'It was good to look at different ways of evidencing good practice.' 'I would recommend this to other managers as it gives a clear picture of what is expected'.

"Amy was inspiring and she allowed opportunity for discussions to create an environment where we could also learn and share experiences with one another. The workshop was brilliant and left me feeling excited to start my Reg 45. "

Risk Assessments - embedding effective risk management systems in Children's Homes

Risk assessment is vital to keeping the children in our care safe, but with little guidance on how to do this effectively, it can be challenging to know that we are getting it right and that risk assessments are actually helping to keep children safe.

Join us for this workshop, where we will explore the essential elements of an effective risk assessment. We aim for leaders of children's homes to leave this virtual classroom feeling confident in their approach to risk management, but most importantly, with risk assessing that works best for the children they care for

"Great to come away with a copy of the PowerPoint to keep looking back at it when needed"

"The training offered new insight into how risk assessments should be done and what information should/should not be included. The things raised today could be helpful to implement into our own practice"

Transitions and Interdependence – the right support for moving on from care

The Ofsted Annual Report 2021 cited leaving care as "a huge challenge for vulnerable young people." Independence is pushed as one of the basic goals throughout a young person's pathway planning and leaving care transition journey. This session explores what independence really means, considering how this might miss the mark for our young people. We will look at the concept and research surrounding interdependence and how we might adapt our practice to place interdependence at the core of transitions.

Understanding the Adverse Childhood Experiences Research (ACES)

Understand the research and explore the reality of ACEs through a care-experienced lens. Also, consider how your home can provide protective and compensatory experiences to positively impact children's lives. Mary-Anne shares her own story of Adverse Childhood Experiences (ACEs) and her road to trauma recovery. It is vital for us to know that children can heal from the trauma they have experienced and how to support them to take this journey

'I was really impressed by the quality and content of the training and having someone deliver the training who was care experienced gave the training a sense of reality. The open discussions were helpful as well as having a small group so conversations could be heard'.

Sex and Relationship Education

The Sex and Relationship Education training course is designed to equip carers with the knowledge, skills, and confidence to engage in open, honest, and constructive conversations with young people about sex and relationship education (SRE).

Recognising the importance of their involvement in this critical aspect of a child's development, this course aims to bridge the gap between discomfort and confidence in discussing sensitive topics related to sexuality, relationships, and the pressures of social media.

By the end of the "Sex and Relationship" training course, participants will feel more confident and equipped to initiate and sustain meaningful conversations about sex and relationships with their children or the young people in their care. Through open communication and ongoing support, caregivers play a vital role in promoting healthy attitudes and behaviours surrounding sexuality and relationships among young people.

Therapeutic Parenting/Trauma Informed Care

Therapeutic parenting is a compassionate approach that aims to create a nurturing and supportive environment for children who have undergone trauma. It involves understanding their unique needs and challenges and providing them with the necessary tools and resources to heal and thrive. Trauma-informed care recognises the profound impact of trauma and strives to create an environment that promotes healing, empowerment, and resilience for individuals who have experienced trauma. Understanding the principles and importance of trauma-informed care is crucial for effectively supporting traumatised children and adolescents in residential settings.

CHQ embodies this approach, and we are fully aware that each residential home is on their own unique journey toward trauma-informed care. Therefore, we provide a selection of training sessions/options depending on where you are on this journey.

• **Introduction to Therapeutic Parenting – 3 hours virtual**

The "Introduction to Therapeutic Parenting" training course is designed to provide residential children's home staff with a foundational understanding of therapeutic parenting principles and practices. As caregivers in a residential setting, staff members play a crucial role in providing stability, support, and nurturing care to children who have experienced trauma or adverse experiences. This course aims to equip staff with the knowledge and skills necessary to create a therapeutic environment that promotes healing, growth, and positive relationships.

By the end of the "Introduction to Therapeutic Parenting" training course, residential children home staff will have developed a solid foundation in therapeutic parenting principles and practices. Armed with this knowledge, staff members will be better equipped to create a nurturing and supportive environment where children can heal, thrive, and build positive relationships. Through ongoing learning and professional development, staff members play a crucial role in enhancing the well-being and outcomes of children in residential care.

• **Trauma-Informed Therapeutic Care Training - 2 days face-to-face**

During the training, you will learn about the six principles that make up the foundation of your practice: Be safe, Belong, Bond, Build, Believe, and Be all you can be. These principles are based on evidence of what works best for traumatised children and include elements of psychoanalysis, transactional analysis, person-centred theory and humanistic psychology. However, the emphasis will be on how to apply these theories to improve direct, daily work with children and how this can be evidenced. You will also learn how to use Reflective Journals to embed and record your therapeutic practice. Empower your team with a sound and consistent approach to support young people with this impactful 2-day session.

This training can lead to a more in-depth 5-day trauma-informed program, allowing your home to develop its practice further and positively impact the lives of those in your care, or they can be commissioned independently.

- Attachment and recovery from trauma
- Emotional Resilience
- Empathy and the Effects of abuse and neglect
- Loss, healing, friendship and belonging
- Self-worth and identity

Clair Davies MBE created this therapeutic model, and she has dedicated her life to helping children who have been traumatised by abuse and neglect. Her unwavering commitment to providing high-quality therapeutic care, education, and therapy has touched countless young lives, helping them to heal and thrive.

It was the most educative course I had ever! I really enjoyed the way Clair did her lessons, she does her work with passion. I like her creativity.

The course was so educative, full of interaction and participation was good. It was fun and enhanced my skills. I have learnt how to support young persons using the 6 Bs.

- **Parenting with PACE – 2 days face-to-face**

This two-day DDP (Dyadic Developmental Psychotherapy) PACE for Professionals training will provide the Core DDP PACE Content (a minimum of 15 hrs).

What is PACE?

PACE, an acronym for playfulness, acceptance, curiosity, and empathy, is a powerful tool that can change lives. Created by Dr. Dan Hughes, the founder of DDPI and Dyadic Developmental Psychotherapy (DDP), PACE represents a central aspect of DDP-informed parenting and teaching. By understanding the impact of developmental trauma and the challenges faced by children who have experienced it, PACE can help them recover their trust and safety, giving them back their futures. PACE is a way of being with adults of all ages, providing a solid foundation for relationships to grow and flourish.

Through DDP PACE, adults who support children can emotionally connect with them in ways that increase feelings of safety and trust, drawing on their capacity for regulation and reflection. The training has several core aims and objectives, but it can be customised to suit the needs of the attendees, making it as personalised to the home as possible. Let PACE inspire you to be the change you want to see in the world.

Mark Marshall, your trainer, is an exceptional Social Worker and a certified DDP Practitioner who has worked in residential care settings for over 13 years. His commitment to the children and families he serves has led to outstanding Ofsted inspections in residential homes, and he has been instrumental in helping Clover Care Child Care Services become a certified DDP Organisation - the first of its kind in the UK. Mark's expertise in DDP practice has helped him work with children who live in residential care and their attachment figures, and he has led sessions to help others understand the benefits of DDP in residential care settings. Mark's extensive experience and compassionate approach to working with children and residential care workers are truly inspiring.

- **CAMHS Strategies: Building a Strong Foundation of Emotional Understanding, Regulation, and Behavioural Responses in Children and Young People (Part 1)**

Ideal for both newcomers and experienced staff, including managers, this workshop, developed by a psychologist with extensive experience in CAMHS, offers essential insights and effective evidence-based psychological strategies for emotional dysregulation and positive caregiving. It lays the groundwork for creating empathetic, nurturing interactions with children & young people, making it an ideal choice for those new to the role as well as a valuable resource for experienced staff.

- **CAMHS Strategies: Building Expertise: Enhanced Techniques in Emotional Regulation and Behaviour Management (Part 2)**

Building upon your expertise from Part 1, this workshop introduces enhanced strategies for managing emotional dysregulation and challenging behaviours, applying in-depth psychological knowledge in practical scenarios.

- **CAMHS Strategies: Building Expertise in Understanding Adverse Childhood Experiences (ACEs) and Attachment in Children and Young People (Part 1)**

Comprehensive and informed by both psychological and social work perspectives, this workshop introduces the concepts of Adverse Childhood Experiences (ACEs) and attachment theories, essential for a trauma-informed approach in supporting children with complex backgrounds.

- **CAMHS Strategies: Mastering Strategies for Managing Adverse Childhood Experiences (ACEs) and Attachment Challenges (Part 2)**

Building on Part 1, this workshop explores ACEs and attachment theories in depth and provides tailored intervention strategies and therapeutic techniques for long-term positive impacts.

Workshop provision

- 3hr workshop delivered in person with a comfort break
- Workshops can be adapted to a full day with Part 1 and Part 2 combined
- Workshop can be adapted to suit an online audience.

Dr Natalie V. Bailey delivers CAMHS training and is a distinguished psychologist, author, speaker, and trainer renowned for her transformative work in children's homes, supported living services, and children's centres. Her comprehensive experience spans NHS CAMHS and private sector roles, enriched by her early hands-on experiences as a support worker and manager in care settings. She applies her deep psychological expertise and firsthand care insights to empower caregivers through evidence-based strategies. Her training focuses on evidence-based therapeutic techniques tailored to effectively address complex care needs in residential settings.

RI and RM Training Days

Registered Managers' Training Day Northwest

- Thursday, 30th January 2025
- Thursday, 19th June 2025

London

- Tuesday 12th November 2024
- Tuesday 11th March 2025
- Thursday 2nd October 2025

A day, face-to-face, in central London and Northwest. A day to look back and look at your practice and role, gather a fresh understanding of the regulatory responsibilities underpinning your practice and practical information to enhance your leadership. This is a sharing space for managers to learn from each other and a reflective space to consider your own personal development needs.

'An incredible day which has given me an abundance of knowledge' I have learnt so much from this training course, and I will be putting into practice the knowledge and skills'

Responsible Individual Training

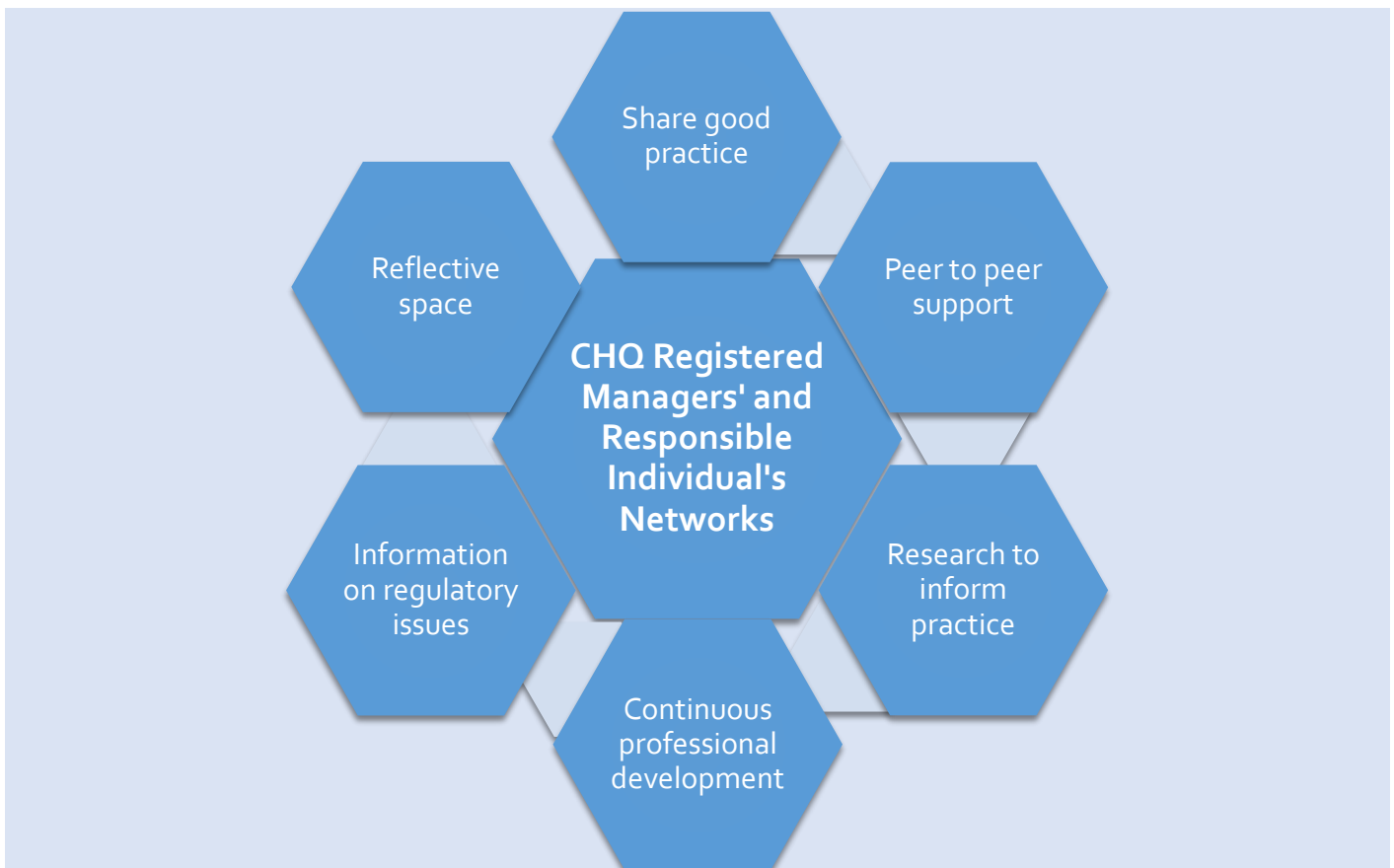
- Thursday 7th November 2024
- Thursday 20th February 2025
- Tuesday 6th June 2025
- Wednesday 18th September 2025

Are you a Responsible Individual for a Children's Home or planning to become one? Have you had training on what the role involves? This session will help you to understand the legal requirements related to the RI role, appreciate how to manage, support and learn from the inspection process, and will share best practice on effective practical systems to achieve your responsibilities. You will get a comprehensive overview of the role and lots of opportunities for discussion.

'This RI course is very useful to anyone who is involved in leading within children's homes'. 'The course gave me a lot of valuable information to commence my role'.

'Great person delivering and great content'

Registered managers' and Responsible Individuals' Networks



A quarterly opportunity to meet with other Registered Managers or Responsible Individuals and have in-depth, facilitate discussions on areas of regulation and practice. These are reflective spaces to share thoughts and nourish yourself, as well as a learning spaces to explore developments, research, and good practice within the sector.

".. the organisation must ensure that the responsible individual undertakes such continuing professional development as is necessary to ensure that the responsible individual has the skills needed for supervising the management of the home." (Children's Homes Regulations, Regulation 29 (4&2)) attending and contributing to the RI Network will be an important part of your continuing professional development.

Registered Manager's Monthly Meetups

Exclusively for Registered Managers, a FREE 60-minute virtual event facilitated by Children's Homes Quality - is the perfect space for Registered Managers to connect, share knowledge, and recharge!

Join us on the last Thursday of every month at 10 am, led by former Registered Managers of outstanding homes Eithne Staunton and Rebecca Harrison; you'll have the opportunity to ask questions, receive advice, and gain insights.

Whole Team Developmental Training

Discover the opportunities we provide for tailored, in-person training sessions geared towards homes and services dedicated to children and young people with disabilities and complex needs. Explore our diverse training options below.

- **Raising the Bar - Safeguarding in disabled children's homes – 1 day**

Safeguarding training is tailored specifically to address the additional needs and risks for children with disabilities in care. This training will increase your awareness and motivation and develop your range of supportive and protective safeguarding activities.

"Even if you have already done an array of safeguarding training, I would highly recommend you still take part in this course; it adds a lot of value to your knowledge and future practice"

"Fabulous! Fantastic! Really insightful for the most vulnerable children"

- **Breaking down barriers: Developing Effective Communication with Children and Young People with Disabilities. – 1 day**

Effective communication with children and young people with disabilities is essential to overcoming the barriers they may face. Developing and implementing strategies that promote clear and meaningful communication is necessary to achieve this. This session will provide guidance and practical strategies; you can learn how to communicate and connect meaningfully with children and young people with disabilities, helping them to thrive and succeed.

- **Positive Behavioural Support - Understanding and working effectively with Behaviours that Challenge (Children and Young People with Disabilities) 1–2-day session**

Positive Behaviour Support (PBS) approaches are based on a set of overarching values. These values include the commitment to providing support that promotes inclusion, choice, participation, and equality of opportunity. Behaviour that challenges always happens for a reason, and maybe it is the child/young person's only way of communicating an unmet need. PBS helps us understand the reason for the behaviour, enhances the quality of life and, as a side effect, reduces the likelihood that the behaviour will occur.

- **Safeguarding Children with Disabilities in Residential Settings - A Positive Response to the issues raised in the Hesley Group/ Doncaster Safeguarding review reports – 1-day**

<https://www.gov.uk/government/publications/safeguarding-children-with-disabilities-in-residential-settings>

The report on the abuse and neglect of children in residential settings run by the Hesley Group in Doncaster is a solemn reminder that this type of abuse is still happening. This also motivates us to improve our practice to ensure that the children we look after are truly happy, safe, and loved. The session will focus on promoting the voices and rights of children and young people with learning disabilities, positive communication, understanding behaviour as communication, and creating a safe, positive, loving, open culture. We will also discuss the impact of Emotional Intelligence on team dynamics and the quality of a child's experience in your residential setting.

Face-to-face training for teams, available by request:

Preparation for Inspection – 1/2 day

We support you in embracing regulations, quality standards, and Ofsted inspections as positive supports for excellent care. Equipping you with practical and effective ways of ensuring you are inspection-ready, able to showcase your best work, and able to tell the story of your children's journey in your care.

Professionalism in children's homes – 1 day

To support staff in understanding their professional role in children's homes and developing their awareness of staying curious and open, this session has been designed to facilitate delivery in various types of children's homes to meet each bespoke need.

"Great examples of real hands-on experiences, delivered in a way of being children focused"

"The whole course, in general, has been my golden nugget. I have taken so many things away"

Safeguarding in children's homes – 1 day

To develop a sound safeguarding awareness and culture within a children's home, making sure that staff are aware of current risks and signs of harm inside and outside of the home and how to respond to support children and increase their safety.

Developing the "Superpower" of Emotional Intelligence in children's homes & supported accommodation - 1 day.

The words "emotion" or "emotionally" are mentioned sixteen and eight times in the Guide to the Children's Homes Regulations, including the Quality Standards April 2015 and Guide to the Supported Accommodation Regulations, including Quality Standards March 2023. Can we, as the adults who care for these exceptional children and young people, truly understand what this means or how our emotions might affect them if we are unaware?

Developing emotional intelligence is essential for effective communication in personal and professional settings. It helps build stronger connections, achieve personal goals, and make well-informed decisions. Understanding emotions, both our own and those of others, can minimise conflicts and lead to positive outcomes, especially in empowering children and young people to reach their full potential.

The Shift Leader Role in Children's Homes – 1-day

A shift leader is a crucial team member responsible for safeguarding and promoting the welfare of children and young people while ensuring the smooth running of the shift. This session will provide an understanding of the shift leader's role, responsibilities, expectations, critical skills required and how the role aligns with Ofsted judgment areas, Children's Homes Regulations, Quality Standards 2015. It is a session suitable for both new and experienced staff members, and it has been designed to facilitate delivery in various types of children's homes to meet each bespoke need.

Female Genital Mutilation Awareness - ½ day (face-to-face or virtual)

This training session focuses on raising awareness about the harmful practice of female genital mutilation (FGM). Participants will learn about the cultural, social, and health implications of FGM, as well as strategies for identifying and supporting individuals at risk.

Prevent / Radicalisation & Extremism awareness ½ day (face-to-face or virtual)

This training aims to educate participants about the signs of radicalisation and extremism, equipping them with the knowledge to prevent such behaviours. Through case studies and discussions, attendees will learn how to identify vulnerable individuals and intervene effectively.

Suicide & Self-Harm awareness and how to respond within a Residential Children's home. (includes ligature training)- 1 day face to face

This session provides essential knowledge and skills for recognising and responding to suicide ideation, self-harm, and ligature incidents within residential children's homes. Participants will learn about risk assessment, de-escalation techniques, and appropriate intervention strategies.

Anti - Bullying awareness & how to respond proactively ½ day (face-to-face or virtual)

Participants in this training will gain insights into the dynamics of bullying, including its various forms and effects on individuals. They will also learn proactive strategies for preventing bullying and supporting victims effectively in residential settings in line with their own organisation's bullying policy as per the Children Homes regulations (12)

Understanding Peer on Peer abuse and preventive strategies ½ day (face-to-face or virtual)

This session explores the complexities of peer-on-peer abuse, including physical, emotional, and sexual forms. Participants will learn how to recognise signs of abuse, respond appropriately, and implement preventive measures within their settings.

Supporting young people to be safe online (E-Safety) ½ day (face-to-face or virtual)

This training equips participants with knowledge and tools to promote online safety among young people. Topics covered include cyberbullying, privacy protection, and responsible internet use.

Listening to the voice of the child and managing complaints in Residential Children's Homes (face-to-face or virtual)

Focused on the importance of child advocacy and effective complaint management, this session emphasises active listening skills and procedures for addressing concerns raised by children in residential care settings.

Recognising how Domestic Abuse affects Children ½ day (face-to-face or virtual)

Participants will learn about the impact of domestic abuse on children's well-being and development. The training covers the identification of signs, risk assessment, and appropriate support mechanisms for children affected by domestic violence.

Drugs & Alcohol / Substance Misuse Awareness in Children's Residential homes ½ day (face-to-face or virtual)

This training provides insights into the risks associated with substance misuse among children in residential care. Participants will learn about early intervention strategies, harm reduction approaches, and the support services that are available.

Modern Day Slavery & Human Trafficking, Honour-based Violence and UASC 1 day face to face

This session delves into the global issues of modern slavery, human trafficking, honour-based violence, and the specific vulnerabilities of unaccompanied asylum-seeking children (UASC). Participants will learn how to identify potential victims and respond effectively.

Child-on-Child Sexual Violence and Harassment ½ day (face-to-face or virtual)

Participants will explore the sensitive issue of child-on-child sexual violence and harassment, learning how to recognise signs, respond appropriately, and implement preventive measures to create safe environments for children

Safeguarding Adults ½ day (face-to-face or virtual)

This training session addresses the protection of vulnerable adults from abuse and exploitation. Participants will learn about safeguarding legislation, risk assessment frameworks, and effective reporting procedures to ensure the welfare of adults at risk.

The Role of Safeguarding Leads in Residential Children's homes - (face-to-face or virtual)

The training session delves into the pivotal role of safeguarding leaders within residential settings. Participants will explore the responsibilities, duties, and best practices associated with safeguarding within Children's homes in line with their policies. Topics covered include risk assessment, implementing safeguarding policies, promoting a culture of safety, and responding effectively to safeguarding concerns. Participants will gain valuable insights and strategies to effectively fulfil their role in ensuring the welfare and protection of children & young people in residential settings.

Also available topics such as:

- **Nutritional needs of children - How to help children thrive using natural nutrition**
- **Introduction to Social Pedagogy**

We are always adding to our repertoire of training sessions; please do reach out if you have a specific need that we can support you with!!

Team Development Days

We can facilitate purposeful and fun days for your team to connect and work on issues together.

Team Wellbeing Days

Give back some love and nurture to the people who work so hard and care for our children.

Tailored Training

Please get in touch if you require training on specific issues that are not covered in our regular training sessions, or if you would like training tailored to meet the needs of your organisation. We can assist with training to address emerging, current, and urgent needs, including Ofsted requirements. Contact us at training@childrenshomesquality.com

Children's Homes Consultancy Service

Do you need a Regulation 44 Visitor? Do you need some independent support to assist your home in addressing any challenges or achieving your vision? This could include comprehensive audits, mock inspections, improvement support after difficult inspections, leadership supervision, reflective sessions with staff teams, interim leadership roles and much more. We tailor our support to meet your specific needs, so get in contact and see if we can assist.

Views on our consultancy service

"The manager has regular supervision with an external professional. With this support, the manager is starting to develop the team and delegate responsibilities more effectively. An improvement plan is in place. This is informed by the independent person's visits that are thorough and provide good challenge." (Ofsted Report)

"I found the last 2 days with the CHQ consultant an eye opener and gave us a better insight into what Ofsted are looking for, how they look for it and why" (Registered Manager)

"I would like to say a big thank you for our telephone conversation earlier .I have passed your comments on to my business partner. This has already made us feel good and less inadequate for the roles we want to do so much." (Owner, Responsible Individual)

For enquiries about Regulation 44 Visits and consultancy, email us at:

information@childrenshomesquality.com

Associate opportunities with CHQ

If you feel passionate and knowledgeable about leadership in children's homes, and you have expertise in supporting homes, coaching, supervision or training skills, and you would like to be a consultant, associate trainer or Regulation 44 visitor with CHQ, then please send your CV and an expression of interest to: information@childrenshomesquality.com



CHILDREN'S HOMES QUALITY



Supporting you to be outstanding

www.childrenshomesquality.com